

Course Directors

- Dr. Stephanie Breukink
- Dr. Martijn Smits

Faculty

- Prof. John Heesakkers
- Dr. Jarno Melenhorst
- Dr. Harry Kendall
- Dr. Armelle Knops
- Karin Bonten
- Kim Reynders
- Lotte Daemen

Accreditation

An application for accreditation has been submitted with RIZIV in Belgium:

- October 2: ID25019304
- October 3: ID25019305

Target Audience

- Urologists
- Colorectal Surgeons
- Urogynaecologists

Venue Thursday

Hotel Crowne Plaza
Ruiterij 1
6221 EW Maastricht
The Netherlands

Venue Friday

MUMC+ Maastricht
Flendrigzaal
Universitair Medisch
Centrum
P. Debyelaan 25
6229 ET Maastricht
The Netherlands

On-site assistance

Tamara Franssen

Essentials of Sacral Neuromodulation in Functional Pelvic Health: A Multidisciplinary Training

October 2 & 3, 2025

Maastricht, The Netherlands

Fundamental training program for physicians who are interested to start and expand their knowledge in the application of Sacral Neuromodulation for the treatment of Pelvic Floor Dysfunctions: overactive bladder, non-obstructive retention, fecal incontinence, constipation, double incontinence. The course combines theoretical learning and hands-on experience

Thursday, October 2, 2025

08:15 Registration

08:30 Welcome & introduction in meeting room of the hotel
Prof. John Heesakkers

08:45 Neuromodulation of the lower urinary tract; Therapy overview, history, clinical results
Dr. Martijn Smits

09:15 Neuromodulation of the bowel dysfunction; Therapy overview, history, clinical results
Dr. Stephanie Breukink

09:45 Q&A and group discussion

10:00 Morning break

10:30 Breakout session Bladder (Patient selection, International and country guidelines, Patient Decision Aid)
Dr. Martijn Smits & Dr. Harry Kendall

Breakout session Bowel (Patient selection, International and country guidelines, Patient Decision Aid)
Dr. Stephanie Breukink & Kim Reynders

12:00 Lunch

13:00 Interstim test stimulation (PNE)
Dr. Martijn Smits

13:30 Use of X-ray for the right position of the tined lead
Dr. Armelle Knops

14:00 Video of Tined lead placement procedure & discussion
Moderated by Course Directors

15:00 Afternoon break and departure to MUMC+

16:00 Hands-on training in OR, skills lab
All

18:00 Wrap-up, return to hotel

19:30 Group dinner (gather in hotel lobby at 19:15)

ECMT European Continuing Medical Training

Den Hert 3 - 9250 Waasmunster - Belgium - info@ecmt-training.com - www.ecmt-training.com
ECMT VZW (non-profit association) - BE 0455.124.592 - RPR Gent

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Friday, October 3, 2025

07:55 Group departure to MUMC+

08:15 Registration near Flendrig meeting room on 4th floor

08:30 **Per-operative troubleshooting**
Dr. Jarno Melenhorst & Dr. Martijn Smits

09:00 **Post-operative management: Parameter setting**
Mrs. Karin Bonten, Mrs. Kim Reynders & Mrs. Lotte Daemen

Group will be split, rotating sessions

09:30 Hands-on session: Free station needle placement & material - **Group 1**
Hands-on session: Programming - **Group 2**

10:15 Morning break

10:45 Hands-on session: Free station needle placement & material - **Group 2**
Hands-on session: Programming - **Group 1**

11:30 **Post-operative management: Complications and troubleshooting**
Dr. Jarno Melenhorst

12:00 **Future of sacral neuromodulation**
Dr. Martijn Smits

12:15 **Closure**
Dr. Stephanie Breukink

12:30 Lunch at the hospital

13:15 End of program