

#### Course Directors

- Prof. Achim Benditz  
Germany
- Prof. Carlos Rodríguez Moro  
Spain

#### Target Audience

- Orthopedic surgeons
- Spine surgeons
- Neurosurgeons
- Interventional radiologists

who are interested in minimally invasive treatment of vertebral compression fractures with balloon kyphoplasty

#### Accreditation

An application for accreditation will be submitted with RIZIV in Belgium

#### Venue

Leiden University Medical Center (LUMC)  
Department of Anatomy and Embryology  
Einthovenweg 20  
2333 ZC Leiden  
The Netherlands

## Vertebral compression fracture management Transpedicular and extrapedicular Kyphoplasty in different indications

October 12 & 13, 2025

Leiden, The Netherlands

This educational program is designed to present on the principles for treating vertebral compression fractures in the thoracic and lumbar spine with balloon kyphoplasty. The program focuses on the transpedicular and extrapedicular technique of balloon kyphoplasty in different indications such as osteoporotic, metastasis, and traumatic vertebral compression fractures.

### Sunday, October 12, 2025

- 19:00 Welcome & introduction  
Course directors
- Active group dinner discussion
- 22:00 End of group dinner meeting, return to hotel

### Monday, October 13, 2025

- 08:40 Departure from hotel to university
- 08:55 Registration in meeting room T-0-22
- 09:00 Indications, contraindications and clinical results for balloon kyphoplasty  
Prof. Benditz
- 09:25 Balloon kyphoplasty - Surgical technique  
Prof. Rodríguez Moro
- 09:50 Morning break
- 10:15 Clinical case discussion  
All
- 11:45 Lunch
- 12:30 Hands-on workshop in anatomy lab
- 14:30 Afternoon break
- 14:45 Hands-on workshop in anatomy lab continued
- 16:30 Course evaluation and End of training
- 16:35 Transfer to airport/train station