

#### Course Directors

- Prof. Stefan De Wachter
- Prof. Klaus Matzel

#### Faculty September 10

- Mrs. Sigrid Van de Borne

#### Accreditation

An application for accreditation has been submitted with RIZIV in Belgium  
September, 9: ID26018826  
September, 10: ID26018828

#### Target Audience

- Urologists
- Colorectal Surgeons
- Urogynaecologists

#### Venue September 9 & 10

University Hospital Antwerp  
Wilrijkstraat 10  
2650 Edegem  
Belgium

#### Virtual follow-up December 8

Participants will receive a unique link with password to Zoom appr. 2 weeks prior to the virtual session. A reminder will be sent in the morning of December 8. The virtual follow-up session will not be recorded

#### For more information

Tamara Franssen  
info@ecmt-training.com

#### Mdeon visum

26/V1/16834/149371

## Pelvic Floor Neuromodulation Colorectal Surgeons & Urologists

**September 9 & 10 and December 8, 2026**  
**Antwerp, Belgium**

Fundamental training program for physicians who are interested to start and expand their knowledge in the application of Sacral Neuromodulation for the treatment of Pelvic Floor Dysfunctions: overactive bladder, non-obstructive retention, fecal incontinence, constipation, double incontinence. The in-person course combines theoretical learning and hands-on experience.

This training program will have a one-hour virtual follow-up session to create a space for participants and faculty to reconnect, reflect on early experiences, discuss real cases, and address practical uncertainties that have emerged in clinical practice. Participants are encouraged to submit a clinical case presentation 1 week prior to the virtual follow-up session, which allows Course Directors to select and prepare.

### Wednesday, September 9, 2026

- 07:45** Group departure to UZA
- 08:15** Registration
- 08:30** Welcome & introduction  
Prof. De Wachter
- 08:45** Neuromodulation of the lower urinary tract  
Prof. De Wachter
- 09:15** Neuromodulation of the bowel dysfunction  
Prof. Matzel
- 09:45** Morning break
- 10:00** Breakout session: Patient selection urology  
Prof. De Wachter  
Breakout session: Patient selection bowel  
Prof. Matzel
- 11:00** Breakout session: Clinical results urology  
Prof. De Wachter  
Breakout session: Clinical results bowel  
Prof. Matzel
- 12:00** Lunch at the hospital
- 13:00** Use of X-ray for the right position of the tined lead  
Prof. Matzel
- 13:30** Live surgery: Tined lead placement  
Prof. De Wachter, Prof. Matzel

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- 14:30** Interstim test stimulation  
Prof. Matzel
- 15:00** Afternoon break
- 15:15** Hands-on training in anatomy lab Universiteit Antwerpen, Building TB  
All
- 17:15** Wrap-up
- 17:30** Group departure from anatomy lab to hotel
- 18:15** Leisure
- 19:15** Departure for group dinner
- 22:30** End of training day 1

## Thursday, September 10, 2026

- 07:45** Group departure to UZA
- 08:15** Registration
- 08:30** Video discussion session  
Prof. De Wachter, Prof. Matzel
- 09:15** Post-operative management: Parameter setting  
Prof. Matzel
- 09:45** Hands-on programming session  
Mrs. Van de Borne
- 10:15** Morning break
- 10:30** Post-operative management: Complications and troubleshooting  
Prof. De Wachter
- 11:00** Discussion and Q&A by online voting application  
All
- 12:00** Future of sacral neuromodulation  
Prof. Matzel
- 12:15** Closure  
Prof. De Wachter
- 12:30** Lunch at the hospital
- 13:15** End of program - virtual follow-up session scheduled on September 15

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## Tuesday, December 8, 2026

### virtual follow-up

Times in CET (UTC+1)

- 19:00 Welcome and Introduction**  
Prof. De Wachter, Prof. Matzel
- 19:05 Clinical case discussions and sharing experiences from participants - Urology**  
All - Session moderated by Prof. De Wachter
- 19:30 Clinical case discussions and sharing experiences from participants - Colorectal Surgery**  
All - Session moderated by Prof. Matzel
- 19:55 Closing remarks**  
Prof. De Wachter, Prof. Matzel
- 20:00 End of session**